

Kids U Walden Weekly Food Menu – August 2021

<u>Date</u>	<u>Breakfast</u>	<u>Lunch</u>	<u>Snack</u>
<u>August 29th</u>			
<u>August 30th</u>			
<u>August 31st</u>			
<u>September 1st</u>	*Waffle with Fruit	*Chicken Rice Soup *Turkey Sub (turkey, lettuce, tomato, red onion, mayo) *Veggies & Milk	*Veggies
<u>September 2nd</u>	*Toast with Fruit	*Split Pea Soup *Fish w/ Lemon Wedge & Tartar Sauce *Veggies & Milk	*Cheese and Crackers

***For those children with food allergies and food restrictions to gluten, dairy, fish, egg, and all meat products a food alternative will be provided at breakfast, lunch, and afternoon snack*We are a nut free school.**

***Please refrain from packing any snack items that contain nuts of any kind. ☐**

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<u>September 5th</u>	*Bagel with Fruit	*Minestrone Soup *Grilled Cheese S/W *Veggies & Milk	*Fruit
<u>September 6th</u>	*Toast with Fruit	*Chicken Vegetable Soup *Honey Garlic Chicken Wings *Veggies & Milk	*Cookies/Muffin/Loaf
<u>September 7th</u>	*Cereal with Fruit	*Sweet Potato Soup *Hot Turkey SW w/ Cranberry Sauce *Veggies & Milk	*Yogurt
<u>September 8th</u>	*Waffle with Fruit	*Split Pea Soup *Chicken Fingers *Veggies & Milk	*Veggies
<u>September 9th</u>	*Toast with Fruit	*Vegetable Soup *Vegetarian Pizza *Veggies & Milk	*Cheese and Crackers

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<u>September 12th</u>	*Bagel with Fruit	*Tomato Soup	*Fruit

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		*Grilled Cheese S/W *Veggies & Milk	
<u>September 13th</u>	*Toast with Fruit	*Italian Wedding Soup *Egg Salad Croissant *Veggies & Milk	*Cookie/Muffin/Loaf
<u>September 14th</u>	*Cereal with Fruit	*Beef Barley Soup *Chili w/ Bread Stick *Veggies & Milk	*Yogurt
<u>September 15th</u>	*Waffle with Fruit	*Chicken Rice Soup *Lemon Pepper Dry Ribs w/ Dip *Veggies & Milk	*Veggies
<u>September 16th</u>	*Toast with Fruit	*Split Pea Soup *BBQ Burger *Veggies & Milk	*Cheese and Crackers

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<u>Date</u>	<u>Breakfast</u>	<u>Lunch</u>	<u>Snack</u>
<u>September 19th</u>	*Bagel with Fruit	*Minestrone Soup *Tuna Salad S/w *Veggies & Milk	*Fruit
<u>September 20th</u>	*Toast with Fruit	*Sweet Potato *Egg Salad S/w *Veggies & Milk	*Cookies/Muffin/Loaf
<u>September 21st</u>	*Cereal with Fruit	*Tomato Soup * Turkey Sub *Veggies & Milk	*Yogurt
<u>September 22nd</u>	*Waffle with Fruit	*Split Pea Soup *Mac & Cheese *Veggies & Milk	*Veggies
<u>September 23rd</u>	*Toast with Fruit	*Vegetable Soup *Chicken Salad S/W *Veggies & Milk	*Cheese and Crackers

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<u>September 26th</u>	*Cereal with Fruit	*Tomato Soup *Grilled Cheese S/w *Veggies & Milk	*Fruit
<u>September 27th</u>	*Waffle with Fruit	*Italian Wedding soup *Chicken S/W *Veggies & Milk	*Cookies/Muffin/Loaf
<u>September 28th</u>	*Toast with Fruit	*Beef Barley Soup *Beef Dip with Aus. *Veggies & Milk	*Yogurt
<u>September 29th</u>	*Waffle with Fruit	*Chicken Rice Soup *Turkey Sub *Veggies & Milk	*Veggies
<u>September 30th</u>	*Toast with Fruit	*Split Pea Soup *Fish & Chips *Veggies & Milk	*Cheese and Crackers

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