

Kids U (Bridgeland) Menu for Jr. Infants(7~12months) - June, 2017

3 % Homo Milk is served.				
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (May 29)	Berries and Yogurt	Beef Spaghetti with Veggies	Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmasan cheese
Tuesday (May 30)	Oat Meal and Kiwi Puree	Chicken Chili	Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
Wednesday (May 31)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Asian Pears Puree and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
Thursday (June 1)	French Toast and Pineapple Puree	Chicken and Apple Ball with Rice	Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
Friday (June 2)	Waffle and Mix Fruits Puree	Shepherd's Pie	Banana Muffin and Carrot Apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea
Monday (June 5)	Toasted Bread and Scrambled Egg	Grilled Cheese with Pumpkin Soup and Broccoli	Veggie Chips and Watermelon puree	Mozzarella cheese, cheddar cheese, pumpkin and mix veggies (carrot, pod of peas, broccoli, cabbage)
Tuesday (June 6)	Totila and Apple Sauce	Lemon Chicken with Veggies and Rice	Sliced Carrot Muffin	Chicken breast, rice, lemon, garlic, and mix veggies (carrot, pot of peas, broccoli, cabbage)
Wednesday (June 7)	Waffle and Mix Fruits Puree	Beef Stew and Rice	Butternut sqush Puree with Rice Cracker	Beef cube, tomato, carrot, celery, onion, oregano and rice
Thursday (June 8)	Toasted Bread and Pear Puree	Mix Veggies Soup with Chicken and Toasted Bread	Pineapple and Banana Puree	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
Friday (June 9)	Rice Cereal and Yogurt	Fish Chowder and Toasted Bread	Baked Sweetpotato and watermelon	Butter, onion, celery, flour, milk, chicken broth, carrot and broccoli
Monday (June 12)	Berries and Yogurt	Beef Spaghetti with Veggies	Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmasan cheese
Tuesday (June 13)	Oat Meal and Kiwi Puree	Chicken Chili	Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
Wednesday (June 14)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Asian Pears Puree and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
Thursday (June 15)	French Toast and Pineapple Puree	Chicken and Apple Ball with Rice	Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
Friday (June 16)	Waffle and Mix Fruits Puree	Shepherd's Pie	Banana Muffin and Carrot Apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea
	Breakfast	Lunch	Snack	Lunch Ingredients

Monday (June 19)	Toasted Bread and Scrambled Egg	Grilled Cheese with Pumpkin Soup and Broccoli	Veggie Chips and Watermelon puree	Mozzarella cheese, cheddar cheese, pumpkin and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (June 20)	Totila and Apple Sauce	Lemon Chicken with Veggies and Rice	Sliced Carrot Muffin	Chicken breast, rice, lemon, garlic, and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 21)	Waffle and Mix Fruits Puree	Beef Stew and Rice	Butternut squash Puree with Rice Cracker	Beef cube, tomato, carrot, celery, onion, oregano and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 22)	Toasted Bread and Pear Puree	Mix Veggies Soup with Chicken and Toasted Bread	Pineapple and Banana Puree	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 23)	Rice Cereal and Yogurt	Fish Chowder and Toasted Bread	Baked Sweetpotato and watermelon	Butter, onion, celery, flour, milk, chicken broth, carrot and broccoli
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (June 26)	Berries and Yogurt	Beef Spaghetti with Veggies	Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmesan cheese
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (June 27)	Oat Meal and Kiwi Puree	Chicken Chili	Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 28)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Asian Pears Puree and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 29)	French Toast and Pineapple Puree	Chicken and Apple Ball with Rice	Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 30)	Waffle and Mix Fruits Puree	Shepherd's Pie	Banana Muffin and Carrot Apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea

Kids U (Bridgeland) Menu for Sr. Infants(13~19months) - June, 2017

3 % Homo Milk is served.				
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (May 29)	Berries and Yogurt	Beef Spaghetti with Veggies	Morning: Fish Cracker and Cantaloupe Afternoon: Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmesan cheese
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (May 30)	Oat Meal and Kiwi	Chicken Chili	Morning: Roasted Sweet Potato and Yogurt Afternoon: Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (May 31)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Morning: Mix Fruits Smoothie Afternoon: Asian Pears and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 1)	French Toast and Pineapple	Chicken and Apple Ball with Rice	Morning: Banana and Yogurt Afternoon: Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 2)	Waffle and Mix Fruits	Shepherd's Pie	Morning: Watermelon and Rice Cake Afternoon: Banana Muffin and Carrot apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea
	Breakfast	Lunch	Snack	Lunch Ingredients

Monday (June 5)	Toasted Bread and Scrambled Egg	Grilled Cheese with Pumpkin Soup and Broccoli	Morning: Carrot Pancake and Kiwi Afternoon: Veggie Chips and Watermelon	Mozzarella cheese, cheddar cheese, pumpkin and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (June 6)	Totila and Apple Sauce	Lemon Chicken with Veggies and Rice	Morning: Cube Cheese and Orange Afternoon: Carrot Muffin	Chicken breast, rice, lemon, garlic, and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 7)	Waffle and Mix Fruits	Beef Stew and Rice	Morning: Veggie Sticks Afternoon: Sweet Potato Puree with Rice Cracker	Beef cube, tomato, carrot, celery, onion, oregano and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 8)	Toasted Bread and Pear	Mix Veggies Soup with Chicken and Toasted Bread	Morning: Rice Cake Afternoon: Pineapple and Banana Puree	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 9)	Rice Cereal and Yogurt	Fish Chowder and Toasted Bread	Morning: Rice Cake Afternoon: Baked Sweet potato and Watermelon	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (June 12)	Berries and Yogurt	Beef Spaghetti with Veggies	Morning: Fish Cracker and Cantaloupe Afternoon: Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmasan cheese
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (June 13)	Oat Meal and Kiwi	Chicken Chili	Morning: Roasted Sweet Potato and Yogurt Afternoon: Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 14)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Morning: Mix Fruits Smoothie Afternoon: Strawberry Smoothie and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 15)	French Toast and Pineapple	Chicken and Apple Ball with Rice	Morning: Banana and Yogurt Afternoon: Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 16)	Waffle and Mix Fruits	Shepherd's Pie	Morning: Watermelon and Rice Cake Afternoon: Banana Muffin and Carrot apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (June 19)	Toasted Bread and Scrambled Egg	Grilled Cheese with Pumpkin Soup and Broccoli	Morning: Carrot Pancake and Kiwi Afternoon: Veggie Chips and Watermelon	Mozzarella cheese, cheddar cheese, pumpkin and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Tuesday (June 20)	Totila and Apple Sauce	Lemon Chicken with Veggies and Rice	Morning: Cube Cheese and Orange Afternoon: Carrot Muffin	Chicken breast, rice, lemon, garlic, and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 21)	Waffle and Mix Fruits	Beef Stew and Rice	Morning: Veggie Sticks Afternoon: Sweet Potato Puree with Rice Cracker	Beef cube, tomato, carrot, celery, onion, oregano and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 22)	Toasted Bread and Pear	Mix Veggies Soup with Chicken and Toasted Bread	Morning: Rice Cake Afternoon: Pineapple and Banana Puree	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 23)	Rice Cereal and Yogurt	Fish Chowder and Toasted Bread	Morning: Rice Cake Afternoon: Baked Sweet potato and Watermelon	Chicken, bread and mix veggies (carrot, pot of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Monday (June 26)	Berries and Yogurt	Beef Spaghetti with Veggies	Morning: Fish Cracker and Cantaloupe Afternoon: Carrot Pancake and Avocado Banana Puree	Spaghetti pasta, onion, bellpepper, mushroom, cream cheese, ground beef and parmasan cheese
	Breakfast	Lunch	Snack	Lunch Ingredients

Tuesday (June 27)	Oat Meal and Kiwi	Chicken Chili	Morning: Roasted Sweet Potato and Yogurt Afternoon: Plain Cracker and Apple Sauce	Chicken, chili powder, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Wednesday (June 28)	Rice Cereal and Yogurt	Beef Lasagna with Veggies	Morning: Mix Fruits Smoothie Afternoon: Asian Pears and Cube Cheese	Ground beef, pasta lasagna, spinach, ricotta cheese, mozzarella cheese, onion and mix veggies (carrot, pod of peas, broccoli, cabbage)
	Breakfast	Lunch	Snack	Lunch Ingredients
Thursday (June 29)	French Toast and Pineapple	Chicken and Apple Ball with Rice	Morning: Banana and Yogurt Afternoon: Carrot Muffin	Chicken breast, apple, onion, flour, pepper, breadcrumbs and rice
	Breakfast	Lunch	Snack	Lunch Ingredients
Friday (June 30)	Waffle and Mix Fruits	Shepherd's Pie	Morning: Watermelon and Rice Cake Afternoon: Banana Muffin and Carrot apple yogurt smoothie	Potato, beef, beef broth, pepper, butter, chopped onion, corn, carrot and pea